

| Date | Start | Event Name | Location |
|---------------------------|--------------------|-------------------------------|-------------------------------|
| Mon 11/14/2022 | 3:30 pm | Wrestling Practice | Multi-Purpose Room |
| Tue 11/15/2022 | 3:30 pm | Wrestling Practice | Multi-Purpose Room |
| Wed 11/16/2022 | 3:30 pm | Wrestling Practice | Multi-Purpose Room |
| Thu 11/17/2022 | 3:30 pm | Wrestling Practice | Multi-Purpose Room |
| Fri 11/18/2022 | 3:30 pm | Wrestling Practice | Multi-Purpose Room |
| Mon 11/21/2022 | 3:30 pm | Wrestling Practice | Multi-Purpose Room |
| Tue 11/22/2022 | 3:30 pm | Wrestling Practice | Multi-Purpose Room |
| Wed 11/23/2022 | 3:00 pm | Wrestling Practice | Multi-Purpose Room |
| Thu 12/01/2022 | 3:30 pm | Wrestling Practice | Multi-Purpose Room |
| Mon 12/05/2022 | 3:30 pm | Wrestling Practice | Multi-Purpose Room |
| Wed 12/07/2022 | 3:30 pm | Wrestling Practice | Multi-Purpose Room |
| Fri 12/09/2022 | 3:30 pm | Wrestling Practice | Multi-Purpose Room |
| Mon 12/12/2022 | 3:30 pm | Wrestling Practice | Multi-Purpose Room |
| Tue 12/13/2022 | 3:30 pm | Wrestling Practice | Multi-Purpose Room |
| Thu 12/15/2022 | 3:30 pm | Wrestling Practice | Multi-Purpose Room |
| Sun 12/18/2022 | 3:30 pm | Wrestling Practice | Multi-Purpose Room |
| Mon 12/19/2022 | 9:00 am | Wrestling Practice | Multi-Purpose Room |
| Tue 12/20/2022 | 9:00 am | Wrestling Practice | Multi-Purpose Room |
| Thu 12/22/2022 | 3:30 pm | Wrestling Practice | Multi-Purpose Room |
| Tue 01/03/2023 | 3:30 pm | Wrestling Practice | Multi-Purpose Room |
| Thu 01/05/2023 | 3:30 pm | Wrestling Practice | Multi-Purpose Room |
| Fri 01/06/2023 | 3:30 pm | Wrestling Practice | Multi-Purpose Room |
| Mon 01/09/2023 | 3:00 pm | Wrestling Practice | Multi-Purpose Room |
| Wed 01/11/2023 | 3:00 pm | Wrestling Practice | Multi-Purpose Room |
| Fri 01/13/2023 | 3:00 pm | Wrestling Practice | Multi-Purpose Room |
| Tue 01/17/2023 | 3:00 pm | Wrestling Practice | Multi-Purpose Room |
| Fri 01/20/2023 | 3:00 pm | Wrestling Practice | Multi-Purpose Room |
| Wed 02/01/2023 | 3:00 pm | Wrestling Practice | Multi-Purpose Room |
| Thu 02/02/2023 | 3:00 pm | Wrestling Practice | Multi-Purpose Room |
| Mon 02/06/2023 | 6:00 pm | Wrestling Practice | Multi-Purpose Room |
| Tue 02/07/2023 | 6:00 pm | Wrestling Practice | Multi-Purpose Room |
| Wed 02/08/2023 | 6:00 pm | Wrestling Practice | Multi-Purpose Room |
| Thu 02/09/2023 | 4:00 pm | Wrestling Practice | Multi-Purpose Room |
| Fri 02/10/2023 | 6:00 pm | Wrestling Practice | Multi-Purpose Room |
| Mon 02/13/2023 | 4:00 pm | Wrestling Practice | Multi-Purpose Room |
| Tue 02/14/2023 | 4:00 pm | Wrestling Practice | Multi-Purpose Room |
| Wed 02/15/2023 | 4:00 pm | Wrestling Practice | Multi-Purpose Room |
| Thu 02/16/2023 | 3:30 pm | Wrestling Practice | Multi-Purpose Room |