

| Date | Start | Event Name | Location | Notes | Description | Equipment |
|----------------|---------|--------------------------|----------|-------|-------------|-----------|
| Tue 03/01/2022 | 5:30 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Thu 03/03/2022 | 5:30 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Sat 03/05/2022 | 8:30 am | Boys Basketball Open Gym | AMHS Gym | | | |
| Tue 03/22/2022 | 4:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Sat 03/26/2022 | 9:00 am | Boys Basketball Open Gym | AMHS Gym | | | |
| Tue 03/29/2022 | 4:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Thu 03/31/2022 | 4:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Tue 04/05/2022 | 4:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Sat 04/09/2022 | 9:00 am | Boys Basketball Open Gym | AMHS Gym | | | |
| Mon 04/11/2022 | 4:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Wed 04/13/2022 | 4:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Thu 04/14/2022 | 4:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Mon 04/25/2022 | 4:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Tue 04/26/2022 | 4:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Thu 04/28/2022 | 4:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Sat 05/14/2022 | 9:00 am | Boys Basketball Open Gym | AMHS Gym | | | |
| Mon 05/16/2022 | 4:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Tue 05/17/2022 | 4:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Mon 05/23/2022 | 4:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |

| Date | Start | Event Name | Location | Notes | Description | Equipment |
|-------------------|------------|--------------------------|----------|-------|-------------|-----------|
| Wed 05/25/2022 | 4:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Wed 06/01/2022 | 3:30 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Thu 06/02/2022 | 3:30 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Sat 06/04/2022 | 9:00 am | Boys Basketball Open Gym | AMHS Gym | | | |
| Wed 06/08/2022 | 3:30 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Wed 06/15/2022 | 3:30 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Mon 06/27/2022 | 3:30 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Wed 06/29/2022 | 3:30 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Wed 07/06/2022 | 3:30 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Thu 07/07/2022 | 3:30 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Tue 07/12/2022 | 3:30 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Wed 07/13/2022 | 3:30 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Thu 07/21/2022 | 3:30 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Sat 09/17/2022 | 9:00 am | Boys Basketball Open Gym | AMHS Gym | | | |
| Mon 09/19/2022 | 7:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Tue 09/20/2022 | 4:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Sat 09/24/2022 | 9:00 am | Boys Basketball Open Gym | AMHS Gym | | | |
| Mon 09/26/2022 | 4:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Tue 09/27/2022 | 7:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |

| Date | Start | Event Name | Location | Notes | Description | Equipment |
|---------------------------|------------------------|---------------------------------------|---------------------|-------------|-------------|-------------|
| Sat 10/01/2022 | 9:00 am | Boys Basketball Open Gym | AMHS Gym | | | |
| Tue 10/04/2022 | 3:30 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Thu 10/06/2022 | 6:30 am | Boys Basketball Open Gym | AMHS Gym | | | |
| Sat 10/08/2022 | 11:30 am | Boys Basketball Open Gym | AMHS Gym | | | |
| Thu 10/13/2022 | 3:30 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Wed 10/19/2022 | 3:30 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Fri 10/21/2022 | 3:30 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Sat 10/22/2022 | 9:00 am | Boys Basketball Open Gym | AMHS Gym | | | |
| Mon 11/14/2022 | 5:30 pm | Boys Basketball Tryouts | AMHS Gym | | | |
| Tue 11/15/2022 | 5:30 pm | Boys Basketball Tryouts | AMHS Gym | | | |
| Wed 11/16/2022 | 6:30 am | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Wed 11/16/2022 | 5:00 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Wed 11/16/2022 | 7:00 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Thu 11/17/2022 | 6:30 am | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Thu 11/17/2022 | 3:00 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Thu 11/17/2022 | 7:00 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Fri 11/18/2022 | 7:00 am | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Fri 11/18/2022 | 5:00 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Sat 11/19/2022 | 8:00 am | Boys Basketball Practice: Varsity | AMHS Gym | | | |

| Date | Start | Event Name | Location | Notes | Description | Equipment |
|---------------------------|--------------------|---|---------------------|-------------|-------------|-------------|
| Sat 11/19/2022 | 1:30 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Mon 11/21/2022 | 3:00 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Mon 11/21/2022 | 3:30 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Tue 11/22/2022 | 5:00 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Tue 11/22/2022 | 5:30 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Wed 11/23/2022 | 8:00 am | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Wed 11/23/2022 | 1:30 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Fri 11/25/2022 | 8:00 am | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Fri 11/25/2022 | 1:30 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Sat 11/26/2022 | 12:15 pm | Boys Basketball Practice: Varsity Shootaround | AMHS Gym | | | |
| Sat 11/26/2022 | 1:00 pm | JV Boys Basketball Jamboree @ Monroe (vs. Overlake) | Monroe High School | | | |
| Sat 11/26/2022 | 2:00 pm | Varsity Boys Basketball Jamboree @ Monroe (vs. Burlington-Edison) | Monroe High School | | | |
| Sat 11/26/2022 | 3:00 pm | JV Boys Basketball Jamboree @ Monroe (vs. Burlington-Edison) | Monroe High School | | | |
| Sat 11/26/2022 | 4:00 pm | Varsity Boys Basketball Jamboree @ Monroe (vs. Overlake) | Monroe High School | | | |
| Mon 11/28/2022 | 3:00 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Mon 11/28/2022 | 6:00 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Tue 11/29/2022 | 3:00 pm | Boys Basketball Practice: C Team | AMHS Gym | | | |
| Wed 11/30/2022 | 5:00 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Wed 11/30/2022 | 6:00 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |

| Date | Start | Event Name | Location | Notes | Description | Equipment |
|----------------|---------|---------------------------------------|----------------------|-------|-------------|-----------|
| Thu 12/01/2022 | 3:00 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Thu 12/01/2022 | 6:00 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Fri 12/02/2022 | 5:00 pm | Boys Basketball Practice: C Team | AMHS Gym | | | |
| Sat 12/03/2022 | 8:30 am | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Sat 12/03/2022 | 1:30 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Mon 12/05/2022 | 3:30 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Mon 12/05/2022 | 5:00 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Wed 12/07/2022 | 5:00 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Wed 12/07/2022 | 5:30 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Thu 12/08/2022 | 3:00 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Fri 12/09/2022 | 3:00 pm | Boys Basketball Shoot Around | AMHS Gym | | | |
| Sat 12/10/2022 | 2:00 pm | Boys Basketball Shoot Around | AMHS Gym | | | |
| Mon 12/12/2022 | 3:00 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Mon 12/12/2022 | 3:00 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Tue 12/13/2022 | 3:00 pm | Boys Basketball Shoot Around | AMHS Gym | | | |
| Wed 12/14/2022 | 7:30 pm | Boys Basketball Practice: Varsity | Northwest University | | | |
| Fri 12/16/2022 | 5:00 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Fri 12/16/2022 | 6:00 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Sat 12/17/2022 | 8:30 am | Boys Basketball Practice: Varsity | AMHS Gym | | | |

| Date | Start | Event Name | Location | Notes | Description | Equipment |
|---------------------------|--------------------|--|---------------------|-------------|-------------|-------------|
| Sat 12/17/2022 | 1:30 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Mon 12/19/2022 | 3:00 pm | Boys Basketball Shoot Around | AMHS Gym | | | |
| Tue 12/20/2022 | 1:30 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Tue 12/20/2022 | 4:00 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Thu 12/22/2022 | 1:30 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Thu 12/22/2022 | 3:30 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Fri 12/23/2022 | 8:00 am | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Mon 12/26/2022 | 1:30 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Mon 12/26/2022 | 4:00 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Tue 12/27/2022 | 1:30 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Tue 12/27/2022 | 4:00 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Wed 12/28/2022 | 1:30 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Wed 12/28/2022 | 4:00 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Thu 12/29/2022 | 1:30 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Thu 12/29/2022 | 4:00 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Fri 12/30/2022 | 8:00 am | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Fri 12/30/2022 | 1:30 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Mon 01/02/2023 | 4:45 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Mon 01/02/2023 | 4:45 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |

| Date | Start | Event Name | Location | Notes | Description | Equipment |
|----------------|---------|---------------------------------------|----------|-------|-------------|-----------|
| Tue 01/03/2023 | 3:30 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Tue 01/03/2023 | 4:30 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Wed 01/04/2023 | 3:00 pm | Boys Basketball Shoot Around | AMHS Gym | | | |
| Thu 01/05/2023 | 3:00 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Thu 01/05/2023 | 3:30 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Sat 01/07/2023 | 1:00 pm | Boys Basketball Shoot Around | AMHS Gym | | | |
| Mon 01/09/2023 | 4:45 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Mon 01/09/2023 | 4:45 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Tue 01/10/2023 | 3:30 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Tue 01/10/2023 | 4:30 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Thu 01/12/2023 | 3:00 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Thu 01/12/2023 | 4:00 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Fri 01/13/2023 | 4:45 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Fri 01/13/2023 | 5:00 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Sat 01/14/2023 | 2:30 pm | Boys Basketball Shoot Around | AMHS Gym | | | |
| Mon 01/16/2023 | 3:00 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Mon 01/16/2023 | 3:30 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Wed 01/18/2023 | 4:45 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Wed 01/18/2023 | 4:45 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |

| Date | Start | Event Name | Location | Notes | Description | Equipment |
|----------------|---------|---------------------------------------|----------|-------|-------------|-----------|
| Thu 01/19/2023 | 3:00 pm | Boys Basketball Shoot Around | AMHS Gym | | | |
| Thu 01/19/2023 | 3:30 pm | Boys Basketball Practice: C Team | AMHS Gym | | | |
| Fri 01/20/2023 | 4:45 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Fri 01/20/2023 | 4:45 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Mon 01/23/2023 | 4:45 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Mon 01/23/2023 | 4:45 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Wed 01/25/2023 | 3:30 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Wed 01/25/2023 | 4:00 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Thu 01/26/2023 | 4:45 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Thu 01/26/2023 | 4:45 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Sat 01/28/2023 | 8:30 am | Boys Basketball Shoot Around | AMHS Gym | | | |
| Mon 01/30/2023 | 3:00 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Mon 01/30/2023 | 3:30 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Tue 01/31/2023 | 3:00 pm | Boys Basketball Practice: JV & C Team | AMHS Gym | | | |
| Tue 01/31/2023 | 3:30 pm | Boys Basketball Practice: Varsity | AMHS Gym | | | |
| Wed 02/01/2023 | 3:00 pm | Boys Basketball Shoot Around | AMHS Gym | | | |
| Fri 02/03/2023 | 3:30 pm | Varsity Boys Basketball Practice | AMHS Gym | | | |
| Sat 02/04/2023 | 8:30 am | Boys Basketball Practice | AMHS Gym | | | |
| Mon 02/06/2023 | 4:00 pm | Boys Basketball Practice | AMHS Gym | | | |

| Date | Start | Event Name | Location | Notes | Description | Equipment |
|----------------|---------|------------------------------|----------|-------|-------------|-----------|
| Tue 02/07/2023 | 3:00 pm | Boys Basketball Practice | AMHS Gym | | | |
| Wed 02/08/2023 | 4:00 pm | Boys Basketball Practice | AMHS Gym | | | |
| Thu 02/09/2023 | 3:00 pm | Boys Basketball Shoot Around | AMHS Gym | | | |
| Sat 02/11/2023 | 3:00 pm | Boys Basketball Shoot Around | AMHS Gym | | | |
| Mon 02/13/2023 | 3:30 pm | Boys Basketball Practice | AMHS Gym | | | |
| Tue 02/14/2023 | 3:00 pm | Boys Basketball Shoot Around | AMHS Gym | | | |
| Wed 02/15/2023 | 3:30 pm | Boys Basketball Practice | AMHS Gym | | | |
| Thu 02/16/2023 | 3:00 pm | Boys Basketball Shoot Around | AMHS Gym | | | |
| Mon 03/06/2023 | 3:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Mon 03/13/2023 | 3:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Wed 03/15/2023 | 3:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Mon 03/20/2023 | 3:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Tue 03/21/2023 | 3:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Tue 03/28/2023 | 3:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Thu 03/30/2023 | 3:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Tue 05/02/2023 | 3:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Thu 05/04/2023 | 2:45 pm | Boys Basketball Workouts | AMHS Gym | | | |
| Wed 05/10/2023 | 3:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Thu 05/11/2023 | 2:45 pm | Boys Basketball Workouts | AMHS Gym | | | |

| Date | Start | Event Name | Location | Notes | Description | Equipment |
|----------------|----------|-------------------------------------|--------------------|-------|-------------|-----------|
| Fri 05/19/2023 | 3:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Tue 05/23/2023 | 3:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Fri 05/26/2023 | 2:45 pm | Boys Basketball Workouts | AMHS Gym | | | |
| Tue 05/30/2023 | 5:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Fri 06/02/2023 | 5:30 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Mon 06/05/2023 | 6:30 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Wed 06/07/2023 | 6:30 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Thu 06/08/2023 | 6:30 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Tue 06/13/2023 | 6:30 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Thu 06/15/2023 | 6:30 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Fri 06/16/2023 | 12:30 pm | Boys Basketball Workout | AMHS Gym | | | |
| Mon 06/19/2023 | 6:30 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Wed 06/21/2023 | 6:30 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Thu 06/22/2023 | 6:30 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Mon 06/26/2023 | 4:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Wed 06/28/2023 | 4:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Thu 06/29/2023 | 12:00 pm | Boys Basketball Open Gym | AMHS Gym | | | |
| Fri 06/30/2023 | All Day | Boys Basketball - Gonzaga Team Camp | Gonzaga University | | | |